



Eagles' Haven ...rediscovering wellness, restoring hope

Open 8 days a week

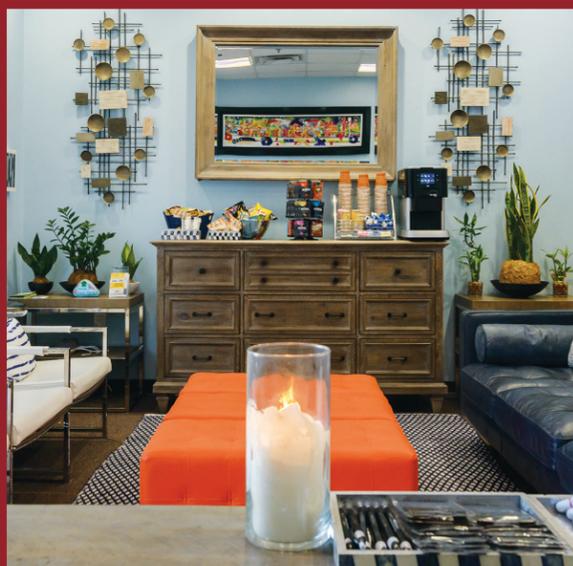
**Mon. thru Fri. 9 am to 7 pm
Sat. & Sun. 10 am to 4 pm**

**5655 Coral Ridge Drive
(next door to Tunie's)
Coral Springs, Florida 33076
www.eagleshaven.org**

**Please contact our
Eagles' Haven
Assistant Director
Halle Solomon
at 954.618.0345 or
eagleshaven@jafco.org**



Get the app.



Eagles' Haven opened to serve the MSD Community following the 2/14 tragedy, lovingly powered by JAFCO.

Earlier this year, JAFCO was selected to create, open and operate the new MSD Wellness Center known as Eagles' Haven in order to rediscover wellness and restore hope to the Parkland/Coral Springs community. Eagles' Haven is lovingly powered by JAFCO, a nonprofit organization providing support services to families in crisis throughout South Florida for over 25 years. We opened on March 26, 2019 following the tragic loss of two additional MSD students, this time to suicide. Our mission each and every day is to do everything in our power to be a presence in the community, so that that no one affected by the MSD tragedy has to deal with their pain alone.

Eagles' Haven is a community wellness center created solely and mindfully for the MSD/Eagles community, offering wellness services, case management, trauma education and connections to crisis therapy in one nurturing setting. Community members are able to call or drop in for any supportive service or wellness needs 7 days a week, free of charge. The Eagles' Haven therapists and clinical case managers are known as Navigators, as they help link families to any needed social service in the community, including referrals for trauma therapy. They also provide immediate therapeutic support for anyone who comes into the center in crisis. We are compassionately funded by the Children's Services Council of Broward County and welcome our new partnerships with March for Our Lives, Parkland Cares and Baptist Health.

Services currently offered at Eagles' Haven, free of charge:

Wellness Experiences: Such as Pet Therapy, Kickboxing, Exercise Classes, Yoga and Stretching, Tai Chi and Qi Gong, Meditation & Mindfulness, Massage, Blender Bike Smoothie Making, Drumming Circle, Zumba and Dance, Acupuncture, Aromatherapy, Relaxing with Art, Cooking and more.

Navigating Services/Case Management: Our clinicians provide intensive, hands-on, clinical case management which include a comprehensive care plan and appropriate referrals to any and all needed services to assist the individual and family according to their individual needs. Eagles' Haven "navigators" work with the family for as long as necessary to provide ongoing care as we heal together as a community.

Trauma & Wellness Education, Workshops and Support Groups: Workshops are offered regularly with topics related to trauma after a tragedy such as communication, parenting, loss and grief, survivors' guilt, self-care, wellness, the value of therapy, stress management, relaxation, and more. Support groups for teachers, students and parents are taking place regularly and specialized groups for trial preparation, seniors, alumni, athletes and others can also be created upon request.

Lovingly powered by JAFCO 
and is made possible with the generous funding of

